Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 00:00 on Friday 07 Jul 2023 until 23:59 on Saturday 08 Jul 2023

Forecast Issued on Thursday 06 Jul 2023 at 16:34 by Met Office Aberdeen

Confidence: High on Friday, then Medium due to changeable conditions.

Headline for Friday 07 Jul 2023: Damp or wet start, but gradually brightening up. Windy, gales possible over the summits.

Mountain weather hazards on Friday 07 Jul 2023

Blizzards
No Likelihood

Gales
Medium Likelihood

Thunderstorms
Low Likelihood

Heavy persistent snow
No Likelihood

Severe chill effect
No Likelihood

Heavy persistent rain
Low Likelihood

Storm force winds
No Likelihood

Poor visibility
Medium Likelihood

Strong sunlight
No Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Heavy Rain	Light rain	Light rain	Light rain	Drizzle	Cloudy	Sunny intervals	Partly cloudy (night)
Precipitation probability							
60%	50%	80%	70%	50%	20%	10%	<05%

Forecast for Friday 07 Jul 2023

Weather: Cloudy overnight and through the morning with outbreaks of rain and drizzle, occasionally heavy along with strong to gale force summit winds. Becoming mainly dry by midday with skies brightening through the afternoon, some sunny spells possible by evening. However, these brightening skies could set off isolated heavy, perhaps thundery, showers.

Chance of cloud-free hill tops above 800m: 30% overnight and much of the morning, becoming 80% by the end of the afternoon.

Low cloud and visibility: Occasional or extensive cloud, base 300 to 600m overnight and much of the morning, the lowest and most persistent cloud over Knoydart, Skye and the south, some higher bases over Ben Hope and Ben More in the north. The cloud lifting and breaking above the summits through the afternoon. Visibility moderate to very poor at first, becoming good or very good through the afternoon and evening.

Check our weather forecast every day to get the most accurate and up to date information
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Met Office Mountain Weather Forecast

Forecast for Friday 07 Jul 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	38/46 SE	39/47 S	29/36 S	22/29 SE	31/40 S	32/42 S	32/41 S	32/40 SE	27/35 SE
900	34/42 SE	37/45 S	27/34 S	20/26 SE	29/38 S	30/40 S	30/39 S	28/36 SE	24/32 SE
600	23/31 SE	25/34 S	19/25 S	14/21 S	21/30 S	22/32 S	21/30 S	17/26 SE	16/24 SE
300	5/28 SE	6/30 S	5/23 S	4/18 S	8/28 S	10/30 S	9/28 S	6/23 SE	4/20 SE
Glen	16/34 SE	12/28 S	10/22 S	7/17 SE	12/25 S	14/29 S	13/27 S	10/23 SE	11/22 SE

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	7/1	8/3	8/3	10/6	11/7	12/7	12/8	12/7	11/7
900	8/2	9/4	9/4	10/7	12/8	13/8	13/8	12/8	12/8
600	10/6	11/7	11/8	12/10	14/11	15/12	15/12	14/12	14/11
300	12/11	13/12	13/13	15/14	16/16	18/16	18/17	16/16	15/15
Glen	15/12	16/14	16/14	17/16	19/17	20/18	20/18	19/17	18/16
Freezing Level*	2800m	2300m	2700m	3000m	3100m	3100m	3100m	2900m	2800m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Summit winds around 10mph stronger over Skye.

Forecast for Saturday 08 Jul 2023

Weather: Mainly clear overnight then very warm sunny spells. However, heavy and thundery downpours are likely during daylight hours. Any timings uncertain, but a risk of lightning and flash flooding. Turning drier and clearer again during the evening. Windy, strong to gale force over the summits.

Maximum wind: Southeast 30 to 35mph, gusting 50mph, easing significantly in the evening.

Chance of cloud-free hill tops above 800m: 90%, lowering 40% in and around thundery downpours.

Low cloud and visibility: Mainly no significant cloud, but lowering onto the summits in heavy, thundery showers. Visibility good or very good falling poor or very poor in heavy, thundery showers.

Temperature: **Glens:** Plus 14 Celsius rising 24 Celsius
At 800m: Plus 10 to 16 Celsius
Freezing level: Well above the summits

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